



DECEMBER NEWS
FOR PATIENTS OF CHILLINGTON HEALTH CENTRE



SEASONAL SPIRITS
PROMOTING WELLBEING AND HEALTHY LIFESTYLE



WARMEST WISHES
FAMILIES, SINGLES, OLDER ADULTS AND CARERS

PPG NEWS

Coming up next year...

Several members of Chillington PPG have been to visit our colleagues at Dart Patients, the PPG supporting the Dartmouth Medical Practice. Especially interesting was their patient survey, an initiative that finds out the health issues that patients believe are most important in the practice community. We are planning to work with our own GPs to undertake a survey here in Chillington in 2025 and it's great that we will be able tap into the expertise of our friends at the neighbouring practice.

Getting the survey out will be an exciting challenge for us, and we welcome as much input from the community as possible. If you might be able to help in any way - perhaps with IT support - or have burning (constructive) suggestions for topics to include, we would love to hear from you. As usual, we're on email and Facebook:

chillingtonhealthcentreppg@outlook.com

Chillington Health Centre Patient Participation Group | Facebook

Holiday hours

A reminder that the surgery will be closed from 6pm on Christmas Eve, Tuesday 24th December, until 8.30am on Friday 27th December.

It will also be closed from 6pm New Year's Eve, Tuesday 31st December until 8.30am on Thursday 2nd December.



If you need Urgent out of hours Advice..

When the surgery is closed, you should contact NHS 111.

For children under 5, telephone 111.

For adults and children over 5, go to 111.nhs.uk.

999 is for life-threatening emergencies like serious road accidents, heart attacks and strokes.